

Tŷ Perthyn Day Support Service Ammanford

Information brochure



Where people with dementia are supported to do the things they enjoy

1 What is Tŷ Perthyn?

Tŷ Perthyn is Alzheimer's Society's unique Day support service based in Hall Street, Ammanford.

The service offers 12 places and is available to anyone with a diagnosis of dementia.

Service aims

Services offered at Tŷ Perthyn aim to ensure that people living with dementia feel less isolated, valued and remain as independent as possible by maintaining and pursuing enjoyable hobbies and interests, trying out new activities and socialising with others in a safe, welcoming and supportive environment.

2 About Tŷ Perthyn

Tŷ Perthyn provides daytime care and support for people with dementia in a safe, secure, accessible and comfortable home-from-home environment.

Onsite facilities include: a fully equipped kitchen and dining area; activity and games area; multi-media corner with itunes and talking books capability; TV lounge; and a relaxation room for pamper sessions, reflective thought and private consultations. Tŷ Perthyn also has the use of its own wheelchair accessible Multi Person Vehicle.

You are welcome to visit Tŷ Perthyn to view what is on offer during our regular open days, or by individual appointment. Carers are also encouraged to visit Tŷ Perthyn on an informal basis by prior arrangement if they wish.

Personal to you

The care and support offered by Tŷ Perthyn will be personalised and specific to your assessed needs and requirements. Our team will work with you, and those who care for you, to understand your lifestyle choices, support networks and personal care needs.

All decisions about your care, support and how you choose to spend your time at Tŷ Perthyn will be made in agreement with you and, where appropriate, the important people in your life.

Activities

Tŷ Perthyn provides an opportunity for you to maintain social contact by meeting and mixing with others. It also offers you the chance to pursue personal hobbies and social activities either in the day service, or in the community, on a one-to-one basis.

You may also wish to partake in structured group activities which will include:

- Arts and crafts
- Music and movement sessions
- Accompanied walks
- Singing for the Brain®
- Theme days
- Film Club
- Games and quizzes
- Reminiscence sessions
- Pet therapy
- Baking and sugarcraft
- Knit and natter
- Needlecraft
- Gardening
- Organised talks and Information sessions
- Organised excursions
- Other physical exercise activities

Meals

Throughout the day, Tŷ Perthyn offers regular hot and cold refreshments, snacks and a freshly cooked nutritious balanced meal of your choice.

We cater for all dietary requirements so, if for instance, you require a special diet for medical, cultural or religious reasons, this can be arranged.

Personal Care

We can also support you with personal care as part of your support plan. If required, we can assist you with:

- prescribed medication
- eating and drinking
- going to the toilet

Tŷ Perthyn has the added benefit of being located within the local Alzheimer's Society office and if required you may access onsite support from our Dementia Support and Advocacy services.

Support for carers

Tŷ Perthyn offers emotional and practical support for your carer/s. This is provided through sharing of experiences via regular carers groups and Carers Information and Support programme sessions. Opportunities for confidential private sessions with on-site Dementia Support professionals can also be arranged.

Service operating days and times

Tŷ Perthyn is open Monday through to Saturday between the hours of 10.00 a.m. and 4.00 p.m.

You may opt to visit Tŷ Perthyn for either half day or full day sessions and there is no restriction on the number of days you may attend

Half day sessions operate: 10.00 a.m. through to 1.00 p.m. or
1.00 p.m. through to 4.00 p.m.

Tŷ Perthyn is closed on public holidays.

Occasional early or later opening times can be offered subject to prior agreement and appropriate staffing levels.

Eligibility

To attend the service, you must:

- have a diagnosis of dementia
- live in your own home or the home of your carer (there is no restriction on where you live geographically)

Access depends on availability of places and operates on a first come, first served basis. Every effort will be made to accommodate your request for service.

Fees * Prices correct at time of issue (May 2015) and are subject to change

Charges apply for Tŷ Perthyn services as follows:

Full Day: £40.00 per day (including lunch and snacks)

Half day: £25.00 per day (including lunch and snacks)

All bookings will be invoiced monthly in arrears.

We welcome payments from people paying directly for their own care and support and Direct Payments users.

Cancellations: retainers may be charged for services booked on a longer term basis and cancelled at short notice (depending on the reasons for

cancellation). In general these charges will amount to: up to two weeks at full cost and successive weeks at half cost (up to a maximum of four weeks).

Additional transport charges may apply for long distance daytime trips or excursions.

If transport to or from the day centre has been arranged at your request and total miles travelled exceeds a total of 10 passenger miles per day, the excess miles will be charged at 44p per mile.

3 Day support services staff and volunteers

About our day care and support workers and volunteers

Tŷ Perthyn staff and volunteers have been specially selected for their specialist knowledge and experience in providing high quality practical and emotional support to people living with dementia and their carers.

Tŷ Perthyn Staff and volunteers will treat you with dignity and respect at all times.

We aim to ensure that the service provided by our day support workers is as reliable and consistent as possible.

Training

All staff and volunteers undergo a full Disclosure and Barring Service (DBS) check. Day support workers and volunteers are supervised and supported, and Alzheimer's Society actively encourages its staff and volunteers to continue to develop their skills and knowledge through a mandatory training and development programme which includes training in:

- Dementia awareness and person centred approaches
- Safeguarding
- Data protection
- Health and safety
- Manual handling
- Administering medication
- First aid
- Meeting complex needs.

4 Arranging the service

Making a referral

To register to use the service you must first make a referral. A referral may come from yourself, a relative, a carer, a friend, or a Health and/or Social Care professional.

You can make a referral in two ways - either by completing and returning the attached referral form or, if you would prefer, by contacting our Care Service Account Manager who will be happy to assist you.

What next?

Once we have received your referral, if it is likely that the service can meet your requirements, our Tŷ Perthyn Manager will arrange to visit you at home when it is convenient for an informal chat and a pre-assessment of requirements.

If you have any questions about anything in this information guide or the Tŷ Perthyn day support service, please contact us.



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